



**ST. JOHN VIANNEY**  
THEOLOGICAL SEMINARY  
LAY DIVISION

**LIFE IN CHRIST: PRAYER AND CONVERSION**

<b>Week</b>	<b>Topic</b>
Week 1	The Art of Living
Week 2	The End of Man: The Beatific Vision
Week 3	Sin (Part I)
Week 4	Sin (Part II)
Week 5	God's Plan for Man
Week 6	Grace (Part I)
Week 7	Grace (Part II)
Week 8	The Interior Life
Week 9	Distinctions of Prayer (Part I)
Week 10	Distinctions of Prayer (Part II)
Week 11	Progress in Mental Prayer
Week 12	The Method of Meditation: Remote Preparation
Week 13	The Method of Meditation: Proximate and Immediate Preparation
Week 14	The Method of Meditation: The Body of Meditation (Part I)
Week 15	The Method of Meditation: The Body of Meditation (Part II) and the Conclusion to Meditation
Week 16	"Listening" to God
Week 17	Aids to Meditation
Week 18	Practical Tips for Meditation
Week 19	The Three Conversions: Justification
Week 20	The Three Conversions: Life in the Purgative Way
Week 21	The Three Conversions: The Dark Night of Sense
Week 22	The Three Conversions: Life in the Illuminative Way
Week 23	The Three Conversions: The Dark Night of the Spirit/Soul
Week 24	The Three Conversions: Life in the Unitive Way
Week 25	Review of Prayer and Conversion
Week 26	The "Little Way"
Week 27	Difficulties in Prayer (Part I)
Week 28	Difficulties in Prayer (Part II)
Week 29	Marian Devotion
Week 30	Spiritual Warfare

\* Syllabus subject to modification by instructor.